administering an LH-RH Antagonist and inducing follicle growth by administration of exogenous gonadotropin, the improvement of administering an amount of LH-RH Antagonist so low as to only suppress endogenous LH, while FSH secretion is maintained at a natural level and individual estrogen development is not affected.

- 16. The method according to claim 15 wherein the antagonist is Cetrorelix.
- 17. The method according to claim 16 wherein the follicle growth is stimulated with Buserelin, Nafarelin, Leuprorelin, Groserelin or Triptorelin.
- 18. The method according to claim 15 wherein after the inhibition of the action of natural LH caused by the LH-RH Antagonist, the follicle development is not externally stimulated (e.g. by the addition of gonadotropins) but maintained by endogenuous gonadotropins.
- 19. The method according to claim 18 wherein after the inhibition of the action of natural LH caused by Cetrorelix, the follicle development is not externally stimulated (e.g. by the

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addition of gonadotropins) but maintained by endogenuous gonadotropins.

- 20. The method according to claim 16 wherein Cetrorelix is administered subcutaneously in an amount from 0,1 to 1 mg per days during a multiple dosing posology.
- 21. A method of controlled ovarian stimulation in which Cetrorelix is applied starting cycle day 1 to 10 and ovulation can be induced between day 9 to 20 of the menstruation cycle.
 - 22. The method according to claim 21 in which Cetrorelix is applied starting cycle day 4 to 8 and ovulation can be induced between day 9 and 20 of the menstruation cycle.
 - 23. The method according to claim 15 wherein the LH-RH

 Antagonist is given as a single or dual subcutaneous dose in the range of 1 mg to 10 mg:
 - 24. The method according to claim 23 wherein the LH-RH Antagonist is given as a single or dual subcutaneous dose in the range of 2mg-6mg.

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- 25. A method of controlled ovarian stimulation in which the LH-RH Antagonist, is applied according to claim 7 starting on cycle day 6 to 10 and ovariation can be induced between day 9 16 of the menstruation cycle.
- 26. The method of claim 11 in which Cetrorelix is applied starting on cycle day 6 to 10 and ovulation can be induced between day 9 16 of the menstruation cycle.
- 27. The method according to claim 15 wherein ovulation is induced by recombinant LH.
- 28. The method according to claim 15 wherein ovulation is induced by native LHRH
- 29. The method according to claim 15 wherein ovulation is induced by a LHRH agonist.
- 30. The method according to claim 15 wherein ovulation is induced by HCG.
- 31. The method according to claim 15 wherein native LHRH or a LHRH agonist are given to avoid luteal phase supplementation in preventing negative effects of HCG during the luteal phase.

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